

Virtual Primary Care

Virtual primary care provides members with access to primary care providers (PCPs) via multiple communication channels including real-time video, mobile, and secure messaging. Virtual primary care covers a wide range of medical services like: routine check-ups, preventive care, prescription drugs, behavioral health, and minor acute care issues. Patients can discuss their health concerns, receive diagnoses, and develop treatment plans remotely.

Virtual Primary Care	
Dedicated Physician	Patients can choose a consistent provider who meets their needs and preferences
Primary Care Services	Annual wellness exam, health risk assessment review, screening lab review and recommendations, follow-up visits, care plan and ongoing support, chronic condition management, post-visit lab ordering and review and specialist coordination
At-Home Labs	Lab tests are delivered to patients' doorsteps, easily returned to the lab in prepaid packages
Electronic Prescription Ordering	Prescriptions are immediately sent to the patient's preferred pharmacy for easy pickup
Health Risk Assessment	A comprehensive risk assessment covers physical and behavioral health, lifestyle, and other areas
Integrated Urgent Care	24/7 urgent care access is included in the primary care solution
Therapy and Counseling	Therapy and counseling services from social workers and psychologists – 3 Free consults, then consult fee
Psychiatry	Psychiatry and behavioral health medication management - \$200 initial consult, then \$125 consult
Chronic Care Management	Care teams identify and manage chronic conditions on an ongoing basis
On-Demand Counseling	
Virtual Consultations	Supporting individuals on topics such as anxiety, grief, depression, marital issues, and stress
8 Face-to-Face Referrals	Set number of in-person visits with a licensed behavioral health clinician
Prescription Benefit	
\$0 Copay, Acute Care Formulary	65,000 pharmacy locations across the United States – CVS, Walgreens, Costco, and many more
Broad Prescription List	Access to approximately 70 generic prescriptions at no cost to the member
Prescription Benefit Card	Easy-to-use, in-app card to present at pharmacy pickup



Plan Features

- Board-certified PCPs provide personalized care regardless of member location or circumstance
- At-home testing made easy with kit delivery, self-collected samples, and pre-paid packaging for return delivery
- Convenient testing and proactive care enables early intervention and improved patient outcomes
- One rate for all family members

This benefits guide is intended to provide a brief description of benefits and subject to change. Please refer to the Summary of Benefits for each plan for a complete description of coverage and list of exclusions, limitations, terms and conditions.

Telemedicine Virtual Urgent Care

Recuro Health telemedicine provides on demand, 24/7 phone, video, and mobile application access to U.S. Board-certified doctors, who can diagnose your problem and prescribe medication when needed.

Members don't need to waste time sitting in a waiting room when they are feeling sick. Recuro doctors are available around the clock to provide quality care through the convenience of phone or video consults. The next time you're sick, consider your options.

Telemedicine – Virtual Urgent Care	
24/7 Access	Recuro physicians are available whenever patients need them, day or night
\$0 Consult Fee	No consultation fee
Family Coverage	One rate for all family members
Integrated Prescriptions	Prescriptions are immediately sent to the patient's preferred pharmacy for easy pickup
Virtual Behavioral Health	
Therapy and Counseling	Therapy and counseling services from social workers and psychologists
Psychiatry	24/7 urgent care access is included in the primary care solution
Health Risk Assessment	Behavioral health-focused risk assessment
On-Demand Counseling	
Virtual Consultations	Supporting individuals on topics such as anxiety, grief, depression, marital issues, and stress
8 Face-to-Face Referrals	Set number of in-person visits with a licensed behavioral health clinician
Prescription Benefit	
\$0 Copay, Acute Care Formulary	65,000 pharmacy locations across the United States – CVS, Walgreens, Costco, and many more
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Plan Features

- Access to Board-certified providers 24/7/365
- No copays or deductibles
- Receive prescriptions, diagnoses, and treatment plans
- Conveniently connect by phone, video, or mobile app
- Access to behavioral health care like therapy, counseling, psychiatry, and medication management

Get the Care You Need

Recuro Health doctors can treat many medical conditions including:

- Acne / Rashes
- Allergies
- Cold / Flu / Cough
- GI Issues
- Ear Problems
- Fever / Headache
- Insect Bites
- Nausea / Vomiting
- Pink Eye
- Respiratory Issues
- UTI's / Vaginitis
- And More!

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